



## Understand Causes of outcomes and impacts

Collect and analyze data to answer causal questions about what has produced outcomes and impacts that have been observed.

### 1. Check the results support causal attribution

How will you assess whether the results are consistent with the theory that the intervention produced them?

#### *Gathering additional data:*

**Asking Key Informants to Attribute Causality:** providing evidence that links participation plausibly with observed changes.

**Modus Operandi:** drawing on the previous experience of participants and stakeholders to determine what constellation or pattern of effects is typical for an initiative.

**Process Tracing:** focusing on the use of clues (causal-process observations, CPOs) to adjudicate between alternative possible explanations.

#### *Analysis:*

**Check Dose-Response Patterns:** examining the link between dose and response as part of determining whether the program caused the outcome.

**Check Intermediate Outcomes:** checking whether all cases that achieved the final impacts achieved the intermediate outcomes.

**Approaches:** the following approaches combine some of the above options together with ruling out possible alternative explanations:

**Contribution Analysis, Collaborative Outcomes Reporting, Multiple Lines and Levels of Evidence (MLLE), Rapid Outcomes Assessment.** See below for definitions.

**Check Results Match a Statistical Model:** comparing results with a statistical model to determine if the program caused the outcome.

**Check Results Match Expert Predictions:** making predictions based on program theory or an emerging theory of wider contributors to outcomes and then following up these predictions over time.

**Check Timing of Outcomes:** checking predicated timing of events with the dates of actual changes and outcomes.

**Comparative Case Studies:** using a comparative case study to check variation in program implementation.

**Qualitative Comparative Analysis:** comparing the configurations of different cases to identify the components that produce specific outcomes.

**Realist Analysis of Testable Hypotheses:** Using a realist program theory (what works for whom in what circumstances through what causal mechanisms?) to identify specific contexts where results would and would not be expected and checking these.

### 2. Compare results to the counterfactual

How will you compare the factual with the counterfactual - what would have happened without the intervention?

#### *Experimental options (or research designs):*

**Control Group:** comparing an untreated research sample against all other groups or samples in the research.

#### *Quasi-experimental options (or research designs):*

**Difference in Difference (or Double Difference):** the before-and-after difference for the group receiving the intervention (where they have not been randomly assigned) is compared to the before-after difference for those who did not.

**Instrumental Variables:** a method used to estimate the causal effect of an intervention.

**Judgemental Matching:** a comparison group is created by finding a match for each person or site in the treatment group based on researcher judgements about what variables are important.

**Matched Comparisons:** participants are each matched with a non-participant on variables that are thought to be relevant. It can be difficult to adequately match on all relevant criteria.

**Propensity Scores:** statistically creating comparable groups based on an analysis of the factors that influenced people's propensity to participate in the program.

**Sequential Allocation:** a treatment group and a comparison group are created by sequential allocation (e.g. every 3rd person on the list).

**Statistically Created Counterfactual:** developing a statistical model, such as a regression analysis, to estimate what would have happened in the absence of an intervention.

**Regression Discontinuity:** comparing the outcomes of individuals just below the cut-off point with those just above the cut-off point.

**Approaches: Randomized Controlled Trial (RCT):** creating a control group and comparing this to one or more treatment groups to produce an unbiased estimate of the net effect of the intervention.

*Non-experimental options:*

**Key Informant:** asking experts in these types of programmes or in the community to predict what would have happened in the absence of the intervention.

**Logically constructed counterfactual:** using the baseline as an estimate of the counterfactual. Process tracing can support this analysis at each step of the theory of change.

### 3. Investigate possible alternative explanations

How will you investigate alternative explanations?

**Force Field Analysis:** providing a detailed overview of the variety of forces that may be acting on an organizational change issue.

**General Elimination Methodology:** this involves identifying alternative explanations and then systematically investigating them to see if they can be ruled out.

**Key Informant:** asking experts in these types of programmes or in the community to identify other possible explanations and/or to assess whether these explanations can be ruled out.

**Process Tracing:** ruling out alternative explanatory variables at each step of the theory of change.

**Approaches:** these approaches combine ruling out possible alternative explanations with options to check the results support causal attribution.

**Contribution Analysis:** assessing whether the program is based on a plausible theory of change, whether it was implemented as intended, whether the anticipated chain of results occurred and the extent to which other factors influenced the program's achievements.

**Collaborative Outcomes Reporting:** mapping existing data against the theory of change, and then using a combination of expert review and community consultation to check for the credibility of the evidence.

**Ruling Out Technical Explanations:** identifying and investigating possible ways that the results might reflect technical limitations rather than actual causal relationships.

**Searching for Disconfirming Evidence/Following Up Exceptions:** Treating data that don't fit the expected pattern not as outliers but as potential clues to other causal factors and seeking to explain them.

**Statistically Controlling for Extraneous Variables:** where an external factor is likely to affect the final outcome, it needs to be taken into account when looking for congruence.

**Multiple Lines and Levels of Evidence (MLLE):** reviewing a wide range of evidence from different sources to identify consistency with the theory of change and to explain any exceptions.

**Rapid Outcomes Assessment:** assessing and mapping the contribution of a project's actions on a particular change in policy or the policy environment.

Find options (methods), resources and more information on these tasks and approaches online at <http://betterevaluation.org/plan/understandcauses>